

Mullewa Healing Forum Mullewa Western Australia 5-6 December 2023

HEALING TOGETHER

To us, health is about so much more than simply not being sick. It's about getting a balance between physical, mental, emotional, cultural, and spiritual health. Health and healing are interwoven, which means that one can't be separated from the other. -Dr Tamara MacKean

Mullewa Healing Forum 2023 Healing Together 5 & 6 December

	Day One: Tuesday 5	h December 2023	
8.00am Forum light breakfast & yarning at the Mullewa Lesser Hall			
9.00am	Forum Opening: Dr Charmaine Green, WACRH Geraldton WA		
	Welcome to Country: Leedham Papertalk and Debra Maher, Mullewa community.		
	Language Welcome: Wendy Merry, Wajarri cultural knowledge holder, Mullewa		
9.20am	GRAMS Social Emotional Well-being team Gwen Rakabula Cultural Lead & Maxine		
	Ryder Suicide Prevention Program		
9.40am	"Healing from a Male perspective" Levi Thorne & Trevor Pickett, WACRH Geraldton		
10.00am	Julgara Maga Aboriginal Mental Health Training – Derise Jones, Geraldton WA		
10.30am	Morning Tea Comfort Break		
11:00am-1:00pm	Male Space	Female Space	
	Male Yarning Circle:	Female Yarning Circle 1:	
	Led by Levi Thorne, Trevor Pickett,	Led by Naaguja Karriyarra Trauma Informed	
	and Leedham Papertalk	Specialist Rayleen Councillor from Barrowa	
	// · · · · · · · · · · · · · · · · · ·	Consultancy, Geraldton Western Australia.	
	"Yarning On Country – Healing"		
1:00pm	Lunch		
2:00pm-3.30pm	Male Space	Female Space	
2.00pm-3.30pm	iviale space	(choose one of the following sessions)	
	Male Yarning Circles:	(choose one of the following sessions)	
	Led by Levi Thorne, Trevor Pickett,	Female Yarning Circle 2:	
	and Leedham Papertalk	Healing Thru Dolls & Yarning with Yamaji doll	
	and recaman rapertant	maker Catherine Bynder.	
	"Yarning On Country – Healing "		
	, , , , , , , , , , , , , , , , , , , ,	Female Yarning Circle 3	
		Weaving our way to Healing & Wellness with	
		Menang artist Roni Kerley	
		,	
		Female Yarning Circle 4	
		Bush Medicines and Healing: A demonstration on	
		how to make bush medicine with Gwen Rakabula	
		& colleagues.	
4:10pm-4:30pm	Mullewa Women Art Centre female members with Saryn Jones (MEEDAC) offer a sto		
	of working together in the Women	s Art Centre on a recent project.	
5:30pm	Community BBQ Dinner together & music by Chook & Tom in Town Hall		
6.40pm	Night Art & Yarning sessions in Mullewa Town Hall		



Day Two: Wednesday 6 th December 2023			
	8.00am Forum light breakfast & yarı	ning at the Mullewa Lesser Hall	
9:00am	Welcome: Dr Charmaine Green, WACRH Geraldton WA		
9:05am	Mullewa Trauma Project Video: Debra Maher and Pauline Bell, Mullewa Community		
9.15am		"Laughter is Medicine" with Wajarri Social Worker Lennelle Papertalk	
9.45am	CRA Project in Mullewa yarn with Josh Joseph, Centacare Geraldton (TBC)		
10:30am	Morning Tea Comfort Break		
11:00am-1:00pm	Male Space (On country)	Female Space	
		Female Yarning Circle 5:	
	Male Yarning Circles:	A local family's journey with intergenerational	
	Led by Levi Thorne, Trevor	trauma shared by Delys Ring.	
	Pickett, Leedham Papertalk	. , ,	
	, ,	Female Yarning Circle 6:	
	"Yarning On Country – Healing"	Mullewa Healing Together Project Yarning Circle	
	, ,	with Charmaine Green	
1:00pm	Lunch		
2:00pm-3.30pm	Male Space (On Country)	Female Space	
		(choose one of the following sessions)	
	Male Yarning Circles:		
	Led by Levi Thorne, Trevor	Female Yarning Circle 7:	
	Pickett, Leedham Papertalk	Wajarri Wangga Workshop with Wajarri	
		knowledge holder Wendy Merry	
	"Yarning On Country- Healing "	Female Yarning Circle 8:	
		Healing Thru Dolls & Yarning with Yamaji	
		dollmaker Catherine Bynder.	
		Female Yarning Circle 9:	
		Weaving our way to Wellness & Healing with	
		Menang artist Roni Kerley.	
		Wending distribution kericy.	
4:10pm-4:30pm	Community Dance Circle with Binmaga Cultural Experience Mullewa with Yamaji		
	dance movement facilitators Preston Wall & Candice Dia.		
5:30pm	End of 2023 Mullewa Healing Forum Community BBQ Dinner together in Town Hall		
6.40pm	Night Art & Yarning sessions in Mullewa Town Hall		



MullewaHealingForum2023 sponsored and supported by:

Department of Communities Western Australia
Western Australian Centre for Rural Health (WACRH)
Geraldton Regional Aboriginal Medical Service (GRAMS)
Geraldton Sporting Aboriginal Corporation
Yamaji Arts
MEEDAC Mullewa
City of Greater Geraldton

Healing Together

The Mullewa Healing Forum 2023 will provide an opportunity for Community members to come together with others into a space where healing conversations focusing on care and healing for self, family and the community can happen.

Mullewa Healing Together offers a 2-day program to take part in yarning, art activities, weaving and having meals together.

Strictly no alcohol or drugs at this event.

For more information or to register, contact Dr Charmaine Green (WACRH) on 9956 0200 or charmaine.green@uwa.edu.au.











